

STAYING SAFE



Here are some things to keep in mind when exploring outside:

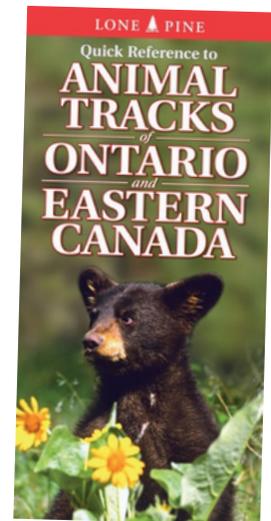
- Stay home if you feel sick, if you have been in contact with anyone who has tested positive, or if you are under self-quarantine.
- Practice physical distancing and best hygiene practices when you see other people in nature.
- Bring your own mask, hat, snacks, water, sunscreen, and bug spray. Make sure to bring back any garbage you have so you can properly get rid of it at home.
- Tell someone where you are going and when you will be back.
- Watch wildlife from a safe distance and do not try to handle them.
- Do not pick any wildflowers or plants - please leave nature for everyone to enjoy.
- Wear long sleeves and long pants if walking in a wooded area. Learn more about tick safety: <https://www.ontarioparks.com/parkblog/how-to-protect-yourself-from-ticks/>

ACTIVITY #6: FOLLOW IN THEIR FOOTSTEPS

Not seeing any wildlife? You may have just missed them!

Here are some tips for finding animal tracks:

- Look for tracks in areas with wet sand and soft mud, like beaches, creek beds, trails, and puddles.
 - Look in the early morning or late afternoon as the sun better illuminates shaded areas.
 - Look off the trail as people's shoe prints will make it hard for you to find animal tracks.
- If you have never tracked an animal before, a good way to get started is to watch an animal make a track and then go look at the track right away.
 - Remember that you will not always come across a track that perfectly matches what is shown in your guide! You will have to do some detective work to figure out which animal left the track.



Want more practice before you go in the field? Try this Scout Life animal track quiz: <https://scoutlife.org/quizzes/6662/>