



Junction Creek
Stewardship Committee

Comité d'intendance
du ruisseau Junction

Activity 3: Solutions to Plastic Pollution

Overview:

This activity will introduce participants to ways they can reduce their environmental impact when it comes to plastic pollution.

Learning Objective:

After completing this activity, participants will be able to:

- Track how much waste is produced in their everyday lives.
- Identify ways they can reduce their own plastic pollution.

ACTIVITIES INCLUDED:

- 3.1 Solutions to Plastic Pollution
 - Waste Hierarchy
- Junk-free Creek Challenge (additional booklet)

ADDITIONAL EDUCATIONAL RESOURCES AVAILABLE:

UofT Trash Team

- [Solutions Hierarchy \(video\)](#)
- [Existing solutions to plastic pollution](#)

Junction Creek Stewardship Committee

- [Cleaning up Junction Creek \(video\)](#)



Junction Creek
Stewardship Committee

Comité d'intendance
du ruisseau Junction

Activity 3.1: Solutions to Plastic Pollution

Instructions:

1. Introduce the waste hierarchy (included on page 19).

Prompt: All actions are impactful, try to do your best to stay in the top four sections of the hierarchy!

2. Waste Hierarchy

- Ask participants to identify which level they use most frequently.

Prompt: Most waste can be reduced, reused or recycled before it makes its way into our landfills. Your decisions can make a huge difference!

3. Junk-free Creek Challenge

- Provide a copy of the “Junk-free Creek Challenge” (included as a separate booklet).
- Try out the challenge and see how much waste you produce!
- Once you’ve completed the challenge, go back to the waste hierarchy and see if your habits have changed.



3.1 Solutions to Plastic Pollutions: Waste Hierarchy

Refuse stops the waste before it begins and is a way to prevent waste from being generated in the first place.



Refuse

Reduce comes second in the waste hierarchy and is a way to limit your existing impact.

Reduce

Reuse is a great way to give an item an elongated life span by using it more than once.

Reuse

Recycle

Landfill

