

## Activity 3.1: Solutions to Plastic Pollution

#### **Overview:**

This activity will introduce participants to ways they can reduce their environmental impact when it comes to plastic pollution.

### Learning Objective:

After completing this activity, participants will be able to:

- Track how much waste they produce in their everyday lives.
- Identify ways they can reduce their own plastic pollution.

### Instructions:

1. Introduce the solution heirarchy (included below).

**Prompt**: All actions are impactful, try to do your best to stay in the top four sections of the heirarchy!

2. Ask participants to identify which level they use most frequently.

3. Share JCSC's "Cleaning up Junction Creek" and emphasize the impact of plastic pollution.

Source: https://bit.ly/JCSCcleanup

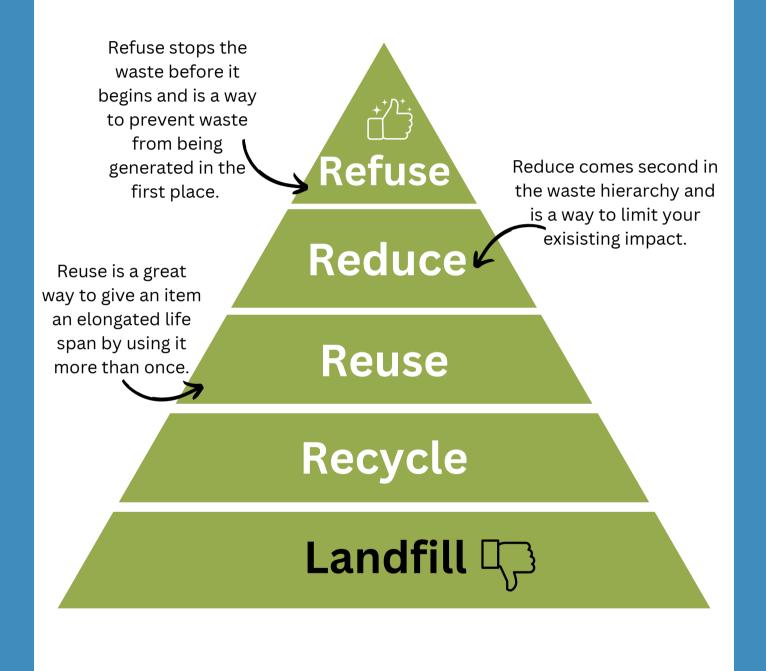
4. Provide a copy of the "Junk-free Creek Challenge".

5. Try out the challenge and see how much waste you produce!

6. Once you've completed the challenge, go back to the waste heirarchy and see if your habits have changed.



| Janction Creek | Stewardship Committee | Comité d'intendance | du ruisseau Junction



# Waste Heirarchy